

Dr. Jeffrey Mair

Patient Education

Shoulders

- [Impingement Syndrome/Rotator Cuff Tendonitis](#)
- [Frozen Shoulder](#)
- [Rotator Cuff Repair](#)
- [Shoulder Arthritis](#)
- [SLAP Tears](#)

Hips

- [Hip Arthritis](#)

Knees

- [Knee Arthritis](#)
- [ACL Injuries](#)
- [Knee Arthroscopy](#)

Total Joints

- [Unicompartmental Knee Replacement](#)
- [Total Knee Replacement](#)
- [Total Hip Replacement](#)
- [Total Shoulder Replacement](#)

Total Joint Programs

- [Excel Orthopedic Surgery & Recovery Program](#)
- [Ridgeview Medical Center Total Joint Information](#)