

TFC REPAIR – ARTHROSCOPIC

- 0-2 weeks
 - Post-op dressings, short-arm
 - Patient independently begins finger range of motion
- 2 weeks post-op
 - Begin gentle wrist range of motion
 - Forearm rotation to patient tolerance
 - Pre-fabricated Splint, as needed, for heavy activities
- 2-6 weeks post-op
 - Continue range of motion, if needed