

## **AMS Surgery Protocol**

| Procedure                        | Hospital Stay           | Average Time Off |
|----------------------------------|-------------------------|------------------|
| ТКА                              | 2-3 days (unless OP)    | 6-8 weeks        |
| Revision                         | 2-3 days                | 6-10 weeks       |
| Uni Knee                         | 1-3 days                | 6 weeks          |
| ACL                              | No                      | 4-8 weeks        |
| Knee Scope (PLM/PMM/debridement) | No                      | 1-2 weeks        |
| MPFL                             | No                      | 4-6 weeks        |
| Knee MUA                         | No                      | 2 weeks          |
| TSA                              | 1-3 days                | 6-8 weeks        |
| Hemi Shoulder                    | 1-3 days                | 6-8 weeks        |
| MORCR/SAD                        | No or 1 (depends on pt) | 6-12 weeks       |
| SLAP                             | No                      | 6-8 weeks        |
| Shoulder MUA                     | No                      | 1-2 weeks        |
| Clavicle ORIF                    | No                      | 2-6 weeks        |
| Hardware Removal                 | No                      | 1 week           |

\* Return to work will all depend on the job the patient needs to perform